

A photograph showing the lower legs and feet of several people standing on a wooden floor. They are wearing various styles of shoes and colorful, striped socks. The socks feature different patterns and colors, including purple, blue, green, red, and yellow stripes. The shoes include purple sneakers, white sneakers with blue laces, and dark boots with yellow laces. The text "Odd Socks Day Monday 15th November" is overlaid in white on the center of the image.

Odd Socks Day
Monday 15th November



Odd Socks Day

- Is designed to be fun!
- It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!
- Today is the first day of Anti-Bullying Week and Odd Socks Day helps to raise awareness of bullying and funds to help.

**ONE
KIND
WORD**



**ONE
KIND
WORD**

In a world that can sometimes feel like it's filled with negativity, **one kind word** can provide a moment of hope. It can be a turning point. It can change someone's perspective. It can change their day. It can change the course of a conversation and break the cycle of bullying.



Friendship

*"If one falls down, a friend
can lift him up"*

Ecclesiastes 4:10



It starts with one kind word. It starts today and we need your help to make it happen!

Best of all, one kind word leads to another. Kindness fuels kindness.

What is bullying?

Remember, bullying is hurting someone on purpose over and over again. It is not when an unkind thing happens only once.

Bullying can be shouting at or teasing another person.

Bullying can be saying unkind things to somebody or whispering unkind things about somebody else.

Bullying can be saying unkind things about someone's body.

Bullying can be saying unkind things about how somebody looks, what they are wearing or what they are doing.

Bullying can be saying somebody can't join in.



Why does bullying happen?



Bullying sometimes happens because we are all **different**.

Bullies might be jealous of someone else's talents.

Bullies might be jealous of other friendships.

Bullies might feel angry or bad about themselves.

Bullies might have been bullied or might not understand what bullying is.



Sock Stories

- Why did they choose them?
- Do they have a special individual meaning?
- Are they your favourite socks or did you just pick up the first socks you could find?
- Can you remember who gave them to you?
- Everyone has unique sock pairings, just like them!

One kind word can give a moment of hope. Something so small can change someone's thoughts from bad to good. It can change their day and help to end bullying.



**ONE
KIND
WORD**

One kind word leads to another kind word. Kindness spreads and we can create a chain of kindness.

Small actions make a huge impact.

What kind word could you pass on today?



Are you ok?
Hello?



**ONE
KIND
WORD**

Odd Socks Day



Anti-Bullying Week starts with Odd Socks Day.

This is to celebrate how we are all different.

Let's be kind to each other and love how we are all different

We Are All Different

We are **different** for lots of different reasons.



eye colour

skin colour

hair colour

family

what we find tricky to do

body shape

likes and dislikes

Can you think of any more?



You can tell somebody is a bully just by looking at them.

If you are a bully, you will always be a bully.

Bullies make people feel upset.

Nobody should be bullied because they are different.



<https://youtu.be/lpZ3u5Z6pOg>

- What do you think the song is about?
- How are the lyrics linked to Odd Socks Day and One Kind Word?
- Why do you think Andy and the Odd Socks chose these words?



Chain of Kindness

Say something kind to the person next to you and pass it on!

I love your odd socks

You're really fun!

I'm glad you go to our school.....

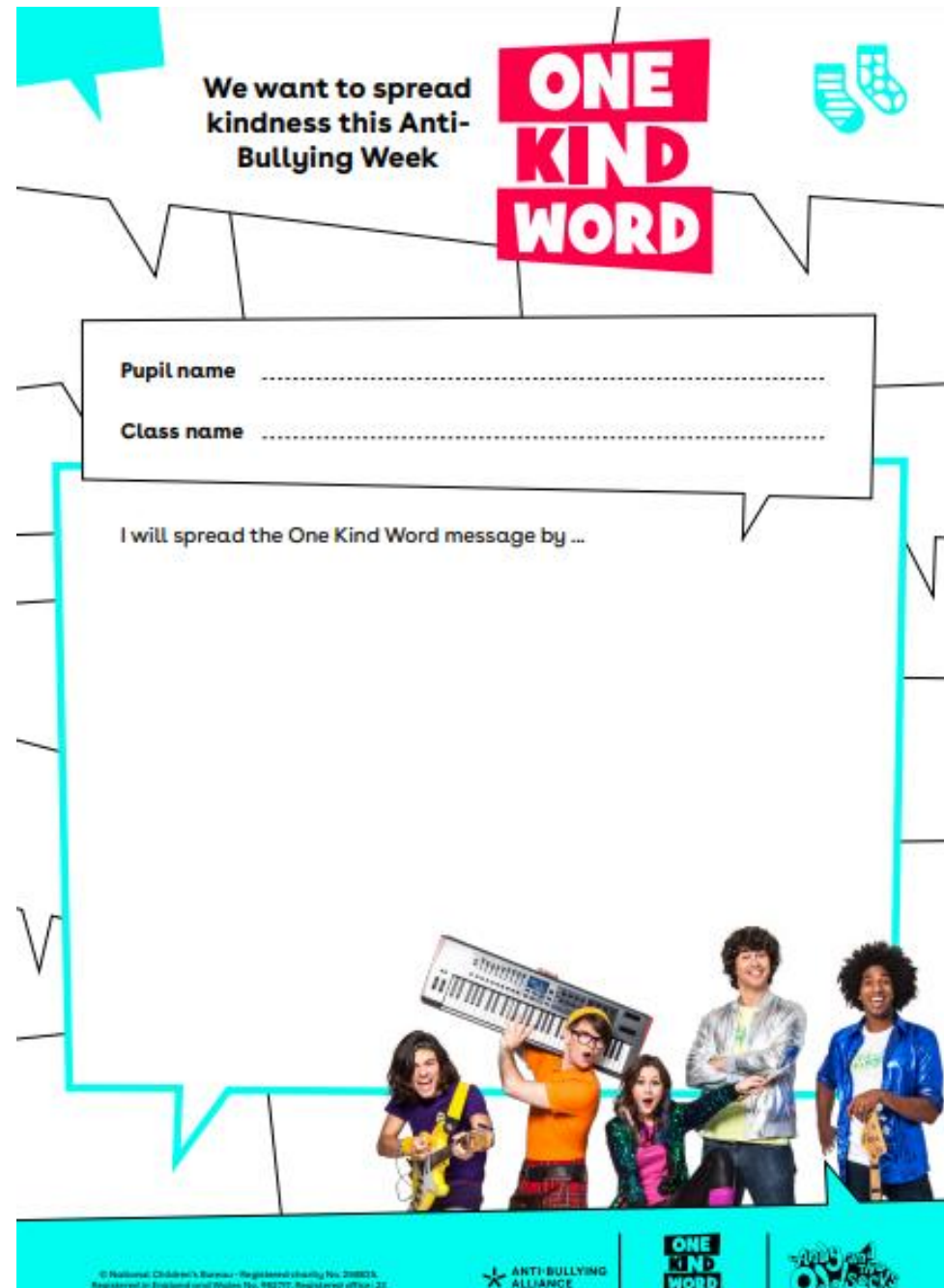


Kindness Pledge

'I'm going to say please
and thank you'

'I'm going to ask other
children who are on their
own to play with me'

'I'm going to give people
more compliments'



We want to spread kindness this Anti-Bullying Week

ONE KIND WORD

Pupil name

Class name

I will spread the One Kind Word message by ...

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ANTI-BULLYING ALLIANCE

ONE KIND WORD

ANTI-BULLYING ALLIANCE

The form is a large speech bubble shape with a red border. At the top left is a red speech bubble icon. At the top right is a blue icon of two hands shaking. At the bottom is a photograph of five diverse children. At the very bottom is a red footer bar with small text and logos.



Dear God,

Help us to be a good friend.

Help us to say one kind word and to help make a difference to someone's day.

Help us to make good choices and for those who are unkind to others to have the courage to stop and say sorry.

Amen



Dear God,

Thank you, Lord, for this new day
Please keep us safe as we learn and
play

Help us to be fair and kind

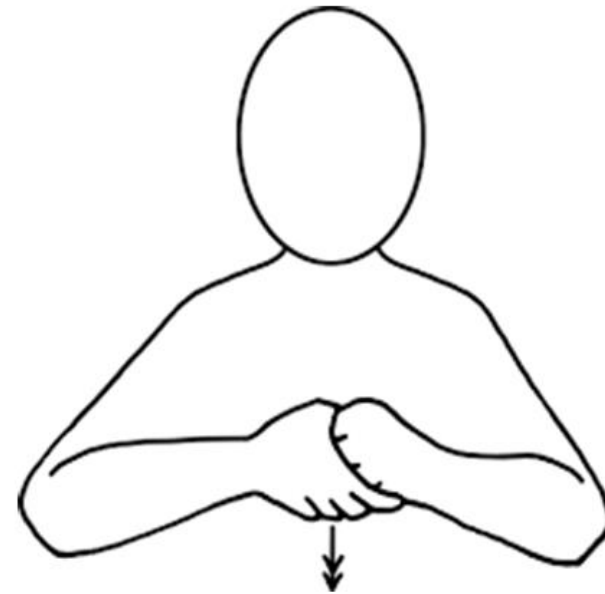
And always keep you in our minds

Amen

May you go in friendship



We will be good friends



Friends



Odd Socks Virtual Assembly: United Against Bullying

Virtual Assembly with Andy

in association with
<https://youtu.be/6AUB79YxkwQ>

UNITED

AGAINST

BULLYING

MORE VIDEOS



0:01 / 21:55



YouTube

