



Research suggests that spending too much time on homework can have a negative impact on progress. As many of you will know, from experience, spending too long is also not good for the wellbeing of your child and/or family.

We suggest the following time frames for each year group (this excludes reading and TT Rockstars) and can be spread out over a week:

Year 3: 20 Minutes

Year 4: 25 Minutes

Year 5: 30 Minutes

Year 6: 40 Minutes



Here are some very helpful questions you can ask your child while they do their homework. These are questions which help children develop their metacognition - this means that children have an increased aware of their learning processes, and what helps them as a learner. They are particularly helpful in maths learning but are applicable across the curriculum - and in many general activities children take part in! Please do have a go at using these with your child.

BEFORE	DURING	AFTER
<ul style="list-style-type: none"> • What do you already know? • What is this question asking you to do? • What level of challenge will this be? • How can you organize your information? • What is the best way to tackle this task? 	<ul style="list-style-type: none"> • Is this making sense? • Is your strategy working? • Are you using the best tools? • What connections are you making? • What predictions do you have? • Are you making progress? • Do you need to slow down? • What do you understand so far? 	<ul style="list-style-type: none"> • What helped you to understand? • Where did you struggle? • How did you overcome challenges? • How could you have tackled this differently? • How will this information help you in the future?
<p>Connie Hamilton, Author of <i>Hacking Questions</i></p>		<p>HACKINGQUESTIONS.COM</p>

