Polehampton C of E Schools ~ 10th February January 2025

"Let your light shine" Matthew 5:16

Last week, the children from both schools thoroughly enjoyed exploring themes from Inside Out 2 and reflecting on the emotions they experience daily. The central theme for Children's Mental Health Week was "Know yourself, grow yourself," which takes on different meanings depending on the age of the children.

It's never too early to begin understanding our emotions, nor too late to learn how to name and manage them. In fact, it's more important than ever for children to recognise and articulate how they are feeling. Naming our emotions is a key step in fostering emotional wellbeing, so we encourage you to talk with your child about the feelings they experience. We'll be diving deeper into this topic during our emotional wellbeing workshop on Friday, February 28th.

Feathers and Fur
Tues 11th Feb &
Wed 12th Feb
INSET Day (School closed)
Friday 14th Feb
Half Term
17th - 21st Feb
Return to School
Mon 24th Feb
World Book Day
6th March

Infant Diary Dates

Junior Diary Dates Piggott Leadership Morning (Year 4) Wed 5th Feb Piggott Leadership Morning (Year 3 & 4) Wed 12th Feb **Cross Country** Thurs 13th Feb INSET Day (School closed) Friday 14th Feb **Half Term** 17th - 21st Feb **Return to School** Mon 24th Feb **World Book Day** 6th March

We have received further feedback regarding parking and the unsafe dropping off of children in the Loddon Hall car park. For the safety of all, please ensure you drop off your child safely. The car park is a public space and can get quite busy. We kindly ask that you drive carefully and slowly within the car park.

- Water in water bottles only please
- Fish and Chips on Thursday this week



World Book Day is on Thursday 6th March! The children can choose to come to school as their favourite book character or in their pyjamas (ready for a bedtime story!).

PARENTS EVENING GOES LIVE AT 6PM

Reception	KS1	Year 3/4	Year 5/6
THE COLOR MONSTER at lary about enrolling AMALLEAS		The RIVER TOM PERCIVAL Booksing as State States	

We hope you have a lovely week.

Mrs Castell and Mrs Medcalf