

Spirituality in Reception, Year 1 and 2

For Reception, Years 1 and 2, the focus is on foundational skills that allow pupils to begin exploring their sense of spirituality through understanding themselves, understanding others and recognising their ability to make a difference.

	Skills and Knowledge	Sentence Stems
Mirrors	<p>Basic Emotional Awareness Recognising and naming their feelings Beginning to link actions to emotions How emotions can be altered through action</p> <p>Sense of Identity Describing their preferences and abilities Recognising what makes them unique.</p> <p>Basic Goal Setting Identifying small ways to improve or grow</p>	<p>I feel happy when I _____.</p> <p>I am good at _____ because _____.</p> <p>When I try my best, I feel _____.</p> <p>I like to _____ because it makes me feel _____.</p> <p>I know I have been kind when I _____.</p>
Windows	<p>Empathy Development Recognising that others may have different feelings or needs Noticing acts of kindness or positive behaviour in others.</p> <p>Respect for Differences Acknowledging that others may think, feel, or do things differently. Showing curiosity about others' experiences (e.g., asking questions about a friend's favourite activity).</p> <p>Listening and Observing Listening actively to others and reflecting on what they've heard. Recognising others' strengths or positive actions.</p>	<p>My friend helps me understand _____.</p> <p>I like learning about _____ because it is _____.</p> <p>When I see someone being kind, I feel _____.</p> <p>I can help my friends by _____.</p> <p>I learned something new about _____ when I _____.</p>
Doors	<p>Kindness in Action Acting on simple ways to help others Demonstrating basic acts of service, like tidying up or including someone in play.</p> <p>Personal Responsibility Taking small steps to care for their environment Following school rules to contribute to a positive community.</p> <p>Reflection on Impact Beginning to notice how their actions affect others</p>	<p>I can help others by _____.</p> <p>I showed kindness when I _____.</p> <p>I take care of the world by _____.</p> <p>I can share with others by _____.</p> <p>When I _____, I help make the school a happy place.</p>